A Bible Story



RESCUE
HOPE | PURPOSE | LIFE



Cain and Abel

A story about two brothers, the choices of the heart, and God's mercy.



Cain Was Born

Outside the garden, Adam and Eve began their family. When their first son was born, Eve named him Cain and recognized that God had helped her receive him.



Then Abel Was Born

Later Abel was born, Cain's younger brother. The two grew up together, learning to work in the new land where their family lived.



Two Different Jobs

As they grew, Abel cared for sheep. Cain worked the soil. Each brother had an important task and could honor God through it.



The Brothers Brought Offerings

The time came when both brought an offering to God. Cain brought fruit from the ground. Abel chose the first and best of his flock.



God Looked at the Heart

God accepted Abel and his offering with favor, but He was not pleased with Cain and what he had brought. It was not only about the gift: God knew the attitude of each heart.



Cain Became Angry

Cain became very angry and looked down. God asked why he was angry and sad. He wanted to help Cain recognize what was happening inside him.



God Showed Him Another Way

God told Cain that if he did what was right, he would be accepted. He also warned that sin wanted to rule over him, but Cain needed to master that desire and choose what was right.



Cain Invited Abel to the Field

Cain spoke with his brother Abel and invited him to go out to the field. There he allowed his anger to grow instead of listening to God's warning.



A Terrible Decision

In the field, Cain attacked Abel and took his life. It was a terrible choice that could not be undone. The Bible shows how much harm anger can cause when we keep feeding it.



Where Is Your Brother?

God asked Cain, “Where is Abel thy brother?” Cain answered, “I know not: Am I my brother’s keeper?” But God knew everything that had happened.



The Ground Bore Witness

God told Cain that Abel's blood cried out from the ground. From then on, the ground would no longer give Cain its strength as before, and he would wander from place to place.



Cain Was Afraid

Cain understood that his punishment was very great. He feared that someone might harm him when they found him. Although he had to face the consequences, God did not allow others to take revenge on him.



Cain Went Far Away

God put a mark on Cain to protect his life. Then Cain went out from the presence of God and lived in the land of Nod, east of Eden. His story reminds us to listen to God before anger begins to direct our choices.